

The Incredible Years®

NOW ENROLLING

Weekend & Evening
Sessions: Space is Limited



This free evidence-based program is offered to parents of young children, in Hillsborough County, to promote children's emotional regulation, social competence, language skills, school readiness, and relationships with others. Parents enroll in a 14-week group session that meets once per week in various locations throughout Hillsborough County with an additional home visit component.

Basic Parent and Dinosaur School:

2-in-1 group program – Completed at the same time in separate rooms where caregivers learn about different strategies through videos, role play, and open discussion. Children 3-8 years old learn about social-emotional skills with the use of puppets, activities, and videos.

Autism Spectrum & Language Delays Parenting Program:

2nd program for parents of children 2-5 years old on the spectrum or language delayed – Parent only group where parents learn about different strategies specific to supporting their child's language skills and "getting in their spotlight" through videos, role play, and open discussion.



Scan to
complete intake



Scan to
complete intake

For more information, email us at:
IncredibleYears@fl.easterseals.com
or call 813-836-4739

©The
**Incredible
Years®**



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org

This program is generously funded by
Childrens Board of Hillsborough County